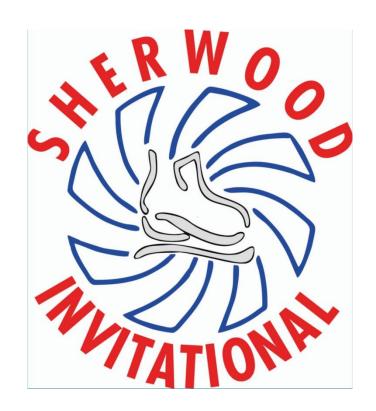
The Carousel Sherwood Figure Skating Club Presents



"Sherwood Invitational"

August 19th – 20th, 2017

Sherwood Ice Arena

Sherwood, Oregon

2017 Sherwood Invitational

Presented By the Carousel Sherwood Figure Skating Club

August 19th - 20th 2017

Deadline: July 28th, 2017 via EntryEeze

www.EntryEeze.com.

The 2017 Sherwood Invitational Competition will be conducted in accordance with the rules of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules, and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

Persons who are registered in a Learn to Skate USA are eligible to skate in events authorized by the program.

A wide variety of events will be offered this year to encourage fun and participation. Good luck to all competitors!

ELIGIBILITY/TEST LEVEL:

Test requirements: Competition level is the highest test passed as of the **JULY 28th, 2017** deadline in the discipline the skater is entering. Skaters may compete at one level higher than the event for which he/she qualifies by test but may not enter more than one level in any one event except for solo dance. Skaters who placed in the top four in a final round of their last qualifying competition in their divisions must move up one level, except for novice and higher.

Age restrictions/requirements: Eligibility for entries is governed by age at the close of entries, which is **July 28th, 2017**. Skaters entering juvenile free skate events (Well Balanced Program) must be under 14 years of age at the close of entries, and skaters entering open juvenile free skate events (Well Balanced Program) must be at least 14 years of age at the close of entries. Adult event competitors must be at least 21 or over. All skaters should be prepared to show proof of age.

Skaters entering beginner–pre-juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.

ENTRIES: Entries for All Levels for U.S.F.S. Non Qualifying and Learn to Skate Events will only be accepted online via the EntryEeze. **Deadline for entries is midnight, July 28th, 2017**. www.Entryeeze.com. Late entries will be accepted at the discretion of the referee and the local organizing committee and will be subject to a \$30 late entryfee.

EVENTS TO BE SKATED

EVENTS WITHOUT MUSIC

Figures

Team Maneuvers

EVENTS WITH MUSIC

Basic Program Event: SNOWPLOW SAM - Free skate 6 Program Event

Introductory Levels Free Skate

Well Balanced Program Free Skates

Adult Singles and Showcase events

Solo Dance Interpretive

Showcase: Light Entertainment / Dramatic/ Duet and TOI Events, All Skill Levels (Learn to Skate – Adult)

FEES:

Event/Level	First Event	Additional Events
Learn to Skate (Snowplow Sam and Basic 1-6),	\$50	\$40-1 st additional event
all events		\$30-2 nd additional event
Pre-Free Skate - Free Skate 6, all events	\$85	\$40-1 st additional event
		\$30-2 nd additional event
Non-test through Senior, well balanced singles and	\$85	\$40-1 St additional event
showcase events		\$30-2 nd additional event
Adult, all singles and showcase events	\$85	\$40-1 St additional event
		\$30-2nd additional event
Ensembles	\$100+\$10perskater	
Duets	\$100 per couple	\$60 per couple if additional event
Solo Pattern Dance	\$85	\$40 when combined with any other event
Figures	\$25 per figure	
Team Event	\$50 per team	

REFUND POLICY: Entry fees will not be refunded after July 28th, 2017 unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. To withdraw, please notify the competition chair as soon as possible. Any refunds, minus the online processing fee, will be credited to the original payee's account or, if paid by check, will be mailed within 30 days after the completion of the competition. The online processing fees are not refundable for any reason. Checks returned for non-sufficient funds and contested credit card charges will be issued a \$35 fee. Payment of the fee will be required before the skater is allowed to participate in practice ice or events. Notification of competition schedule and practice ice times will be available at www.EntryEeze.com.

The competition schedule will also be posted at Sherwood Ice Arena approximately 7 days before the competition. Please be sure to double check the schedule for updates and changes.

FACILITIES: The competition will be held at:

Sherwood Ice Arena 20407 SW Borchers Drive Sherwood, OR 97140 503-625-5757 Sherwood Ice Arena is an indoor ice surface 85' x 200', with slightly rounded corners. The ice rink is unheated, with seating along one side of the rink. Warm clothing is advised. There are locker rooms for Males and Females to change into their costumes. Parents and coaches are not allowed in the locker rooms. It is recommended that you bring your skater to the rink already dressed, if assistance is needed. Restrooms are not to be used as changing rooms.

MUSIC: Only CDs will be accepted. Please **only provide music on CD-R in .wav file format**, as music provided on CD/RWs and .mp3 files do not always play on all equipment. There should be no more than a 10 second leader and music for only one program. CDs must be CLEARLY marked with competitor's name, event and music length. Please submit CDs at the registration desk upon arrival AT LEAST ONE HOUR PRIOR TO SCHEDULED EVENT. A backup copy should be immediately available rink side. Carousel Sherwood Figure Skating Club is not responsible for damage, breakage, or loss of CDs; however, every precaution will be made to ensure their safety. Any CDs not picked up by the end of the competition are not the responsibility of Carousel Sherwood Figure Skating Club and may be discarded.

LIABILITY: U.S. Figure Skating, Carousel Sherwood Figure Skating Club and Sherwood Ice Arena accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

JUDGING SYSTEM: The International Judging System (IJS) will be used for the following events:

- Well Balanced Program free skate events, Pre-Preliminary Senior****
- Short program events, Intermediate Senior
- Adult Gold and Masters Events

****The referee reserves the right to use the 6.0 system for Pre-Preliminary – Pre-Juvenile - if IJS-qualified officials are not available. ****

The 6.0 Majority Judging System will be used for:

- Introductory free skate events (No-Test, Beginner, High Beginner)
- All specialty singles events (figures, team, all showcase, duets, ensemble, production, etc.)
- All Learn to Skate events
- Theatre on Ice events
- All Solo Dance events
- Adult Singles events other than Gold and Masters

The LOC reserves the right to use the 6.0 system for some events if IJS-qualified officials are unavailable. A U.S. Figure Skating mini-system has been reserved for all IJS events. All competitors skating in these events need to submit the Planned Program Content (PPC) form online. This form is found in the "Members Only" section at www.usfigureskating.org. PPC sheets must be submitted online via EntryEeze no later than 11:59 pm PDT, July 28th, 2017. Late PPC sheets will be accepted on paper forms with a \$30 late fee at registration before the skater can complete registration.

No final rounds will be held. All events are considered separate.

All well balanced programs, short programs, and adult events will be conducted based on any new rules that take effect after Governing Council.

For the following events it is possible that male and female competitors could be in the same event: Learn to Skate, Figures, Team, Solo Dance and Showcases.

REGISTRATION: Registration will begin one to two hours before the first scheduled day of competition and end approximately an hour prior to the last scheduled event on the last day of competition. Registration will be located at the Sherwood Ice Arena. Please register promptly upon arrival. Competitors who arrive after their warm-up group begins will be allowed to skate only at the discretion of the referee. If they do not skate, they will forfeit all fees for that event.

PRACTICE ICE: Practice ice will be offered on Friday evening, Saturday and Sunday. Updates will be available for viewing on the EntryEeze website when the schedule is posted. The competitors and coaches should check the official bulletin board for updates and announcements.

Skaters need to check with Practice Ice Monitor (PIM) 5-10 minutes prior to commencement of each session. Proper, modest attire should be worn please. Also, please use polite language, attitude and behavior befitting representatives of the US Figure Skating organization.

Each practice ice session is 25 minutes long and costs \$15.00. Skaters should turn their music in to the music monitor located by judges seating area. Sessions will be limited to 20 skaters. Sessions will have level designations to prevent unsafe level combinations. Coaches will only be allowed to be on the ice with their students on the Basic Skills sessions, and coaches can also bring CD players on those sessions. **Skaters must sign up and pre-pay for sessions on the EntryEeze website at the time of entry**.

Practice ice is limited to one session per event entered. Additional practice ice may be available if sessions are not filled and/or there are cancellations. Should sessions be filled, names and contact information will be put on a waiting list on a first come, first served basis. Should additional practice ice be available after the deadline, more practiced sessions can be purchased on the EntryEeze website. If there are still available spots the weekend of competition, practice ice will be available for purchase on a first come, first served basis. Payment will be made to the ice monitor prior to skater taking the ice. Cash or checks only will be accepted. Checks should be made out to CSFSC. No receipts will be given. All returned checks will be charged an NSF fee of \$30.

PARENTS WILL NOT BE ALLOWED TO COACH SKATERS ON PRACTICE ICE SESSIONS.

Any parent seen doing so will be asked to leave rink lobby area.

USFS SAFESPORT LOCKER ROOM POLICY.

USFS policy adopted by the SafeSport Subcommittee of the Competitions Committee prohibits parents and coaches from being present in locker rooms used as changing rooms by the athletes. This is a "sex neutral" policy that is intended to insure the safety of the skaters and to insure that skaters who select a coach of the opposite gender do not suffer a perceived disadvantage at the competition. An area will be provided in which parents can assist younger skaters with costumes and equipment. That area will be open to public view. The LOC recommends that younger skaters dress before coming to the rink.

Restrooms are not to be used as changing rooms.

PHOTOGRAPHY/VIDEOGRAPHY: A professional videographer and photographer will be at the competition. Any other professional videotaping and photography is prohibited. Only hand-held videotaping devices will be allowed, without tripod, and is only permissible outside of rink. VIDEO TAPING OR PHOTOGRAPHING ANY SKATER OTHER THAN YOUR OWN IS STRICTLY PROHIBITED. For safety reasons, flash photography is prohibited

AWARDS: Medals will be awarded for 1st through 3rd places.

For Learn to Skate USA events ONLY - Snowplow Sam, Basic 1 – 6, Pre-Free - Free Skate 6, ribbons will be awarded for 4th, 5th, and 6th places. All Learn to Skate skaters will receive an award. Award photos will be taken.

In an effort to promote good sportsmanship, we ask that all award winners pose for the group picture even if you do not plan to purchase a picture.

LAUREN ELIZABETH BERNSTEIN AWARD – This award is presented to a competitor who
exemplifies the heart and spirit of the skating experience in Juvenile to Novice levels

OFFICIAL NOTICES: An official bulletin board will be maintained by the competition registration desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive one hour prior to the scheduled time of their event. **Events may start up to ten minutes earlier than shown in the schedule**. A tentative schedule of events will be posted prior to the competition, as well as be posted on the EntryEeze website.

INFORMATION REGARDING COACHES: U.S. Figure Skating Rule MR 5.11 Coach Compliance:

In order to be granted access to work within U.S. Figure Skating sanctioned activities, each coach must complete the following requirements on an annual basis by July 1:

- A. Must be a current full member of U.S. Figure Skating either through a member club or as an individual member:
- B. Must complete the coach registration process through the U.S. Figure Skating Members Only site, submit proper payment for the annual registration fee of \$30 and, if 18 years of age or older, successfully pass the background screen.
- C. Must complete the appropriate CER courses (A, B, C or D) depending on the highest level of students being coached as of July 1. See rule MR 5.12.
- D. Must submit proof of current general liability insurance with limits of \$1 million per occurrence /\$5 million aggregate.

For Learn to Skate USA ONLY coaches – Any person 18 and older instructing in a Learn to Skate USA must have successfully passed the annual background screen and be registered as a Learn to Skate USA instructor member.

The local organizing committee/club will have a list of compliant coaches who are cleared for a credential at the competition. Coaches will need to check in at the event registration desk and show a government issued photo I.D. to receive a credential.

If a coach cannot provide a photo ID and is not on the list or cannot produce the necessary documents, he or she will not be allowed a credential – **no exceptions**. We strongly urge all coaches to have their cards with them. Non- credentialed coaches will not be permitted in the designated coaching area at rink side during events including practice sessions. Coaching at U.S. Figure Skating events without compliance is an ethics violation which is reported to U.S. Figure Skating and PSA.

For more information regarding Coach Compliance, please refer to: http://www.usfigureskating.org/Content/Coaching%20Compliance%20Toolkit.pdf

CONTACT INFO:

If you have questions, please contact CSFSC. Competition Chairs: Jillian Bronson – <u>jillibronson@gmail.com</u>
Malia Geary – <u>maliageary@gmail.com</u>
Kath Galligan – <u>kathgalligan@comcast.net</u>

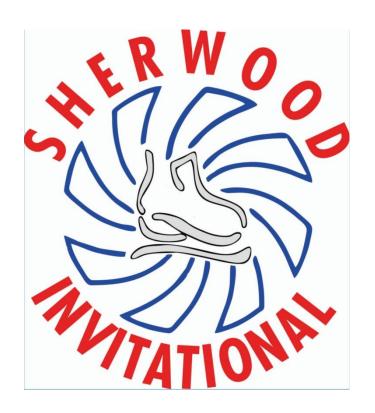
HOTEL AND ACCOMMODATIONS:

Hilton Garden Inn (8 miles from rink) 14850 Kruse Oaks Drive Lake Oswego, OR 97035 Phone: 503-684-8900

Reservations: 1-877-338-6690 www.hgilakeoswego.com

Booking Link:

https://secure3.hilton.com/en_US/gi/reservation/book.htm?inputModule=HOTEL&ctyhocn=PDXLOGI&spec_plan=SS5&arrival=20170818&departure=20170820&cid=OM,WW,HILTONLINK,EN,DirectLink&fromId=HILTONLINKDIRECT



Non Qualifying Events To Be Skated

EVENT DEFINITIONS

SHOWCASE

Showcase: Showcase events consist of two categories – Light Entertainment Showcase and Dramatic Showcase. Except as otherwise specified in this announcement, Light Entertainment showcase and Dramatic showcase events will be conducted in accordance with the Non-qualifying Showcase Competition Guidelines as published by US Figure Skating and posted under the National Showcase Program category on the US Figure Skating website: http://www.usfsa.org/shell?id=59260

Light Entertainment Showcase is defined as skating skills choreographed to express comic, casually entertaining, or serious dramatic themes. Props are not required but are allowed in accordance with the Non-qualifying Showcase Competition Guidelines cited above, including restrictions on type, set-up and removal.

Dramatic Showcase is defined as skating skills choreographed to emotionally express the skater's chosen theme. Props are not required but are allowed in accordance with the Non-qualifying Showcase Competition Guidelines cited above, including restrictions on type, set-up and removal.

Interpretive

The Organizing Committee will pre-select and edit musical choices appropriate for this event. During warm-up skaters will hear selection of music twice. Following the warm-up all skaters except for the first skater will be escorted to a soundproof area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater. There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor.

Levels: Levels will be broken by ability with ages divided appropriately.

Music Duration:

Pre-Juvenile – 1:00 max Juvenile – Senior – 1:30 max

Ladies and men will compete against one another in showcase events. Showcase events of different levels may be combined at the discretion of the Referee. Jumps are not restricted because technical difficulty is not evaluated. However, unintended falls, poorly executed skating elements and obvious loss of control will be detrimental to the evaluation of the performance. Music may be instrumental or vocal. The costume restrictions of Rule 4030 do not necessarily apply, provided that the Non-qualifying Showcase Competition Guidelines cited above are fully adhered to.

Showcase events will be judged in accordance with the Non-qualifying Showcase Competition Guidelines cited above. Each judge will award one mark to each skater for Program Components.

Production Ensemble

Production Ensemble events will be conducted in accordance with the Non-qualifying Showcase Competition Guidelines as published by US Figure Skating and posted under the National Showcase Program category on the US Figure Skating website: http://www.usfsa.org/shell?id=59260

WELL BALANCED PROGRAM FREE SKATE EVENTS

All well balanced programs will be conducted based on any new rules that take effect after Governing Council May 2017. Rules and requirements for the 2017-2018 season may be accessed here: http://www.usfigureskating.org/story?id=84109

A. Well Balanced Program Free Skate for *No-Test through Senior*. http://www.usfigureskating.org/story?id=84109

B. Well Balanced Program Free Skate for *Open Intermediate*. Rules and requirements for Open Intermediate are the same as Intermediate free skate. However, skaters must be age 18 or older *before* close of registration.

SINGLES SHORT PROGRAM EVENTS

All short programs will be conducted based on any new rules that take effect after Governing Council May 2017.

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating rulebook for rules, program length, etc. Rules and requirements for the 2017-2018 season may be accessed here: http://www.usfigureskating.org/story?id=84109

- A. Intermediate/Open Intermediate short program Rule 4230
- B. Novice short program Rule 4220
- C. Junior short program Rule 4210
- D. Senior short program Rule 4200

ADULT SKATING EVENTS

All adult events will be conducted based on any new rules that take effect after Governing Council May 2017. Rules and requirements for the 2017-2018 season may be accessed here: http://www.usfsa.org/story?id=84112

Pre-Bronze - Gold Well Balanced Free Skate.

Masters Intermediate - Senior Well Balanced Free Skate.

Pre-Bronze – Gold Showcase. –Follows the same requirements as standard track listed above Masters Intermediate – Senior Showcase. –Follows the same requirements as standard track listed above Adults Pairs

ICE DANCING

Solo Pattern Dance

This event is not affiliated with the National Solo Dance Series, the events are open to all qualified skaters. Men shall skate the Men's steps and Ladies shall skate the Ladies' steps. General event parameters:

Levels are based upon the skaters' highest pattern dance test passed.

A solo pattern dance competition event will consist of the skater performing two solo pattern dances. Skaters will complete both of the dances at each level. Dances will be scheduled at the discretion of the Chief Referee for each competition and may be competed consecutively or with a break in-between pattern dances groupings.

Level	July 1 st –
	September 30 th
Preliminary	Canasta Tango
	Rhythm Blues
Pre-bronze	Cha-Cha
	Fiesta Tango
Bronze	Willow Waltz
	Ten Fox
Pre-silver	European Waltz
	Foxtrot
Silver	Silver Tango
	Rocker Foxtrot
Pre-gold	Killian
	Blues
Gold	Viennese Waltz
	Argentine Tango

Figures Events

Except as otherwise stated herein, the competition will be conducted according to the rules of U.S. Figure Skating as set forth in the Special Regulations of Figure supplement to the U.S. Figure Skating Rule Book.

The 6.0 judging system will be used. One mark will be given for each figure except for the Creative Figure event, where two marks will be given.

A skater will perform only 1 figure per event. The Figure number listed on the entry form refers to the figure number in the USFSA figures supplement. In some events, the skaters have a choice of which figure they wish to perform; skaters may only perform 1 figure from those listed for that event.

Open Category: The events will be open to any skater regardless of age or test level

Restricted Category: The skater may have passed no higher than the 1st Figure Test, Adult Bronze Figure Test, ISI Figure 2 or any non-US equivalent test. In this category, circles MAY be scribed on the ice prior to the skater taking the ice at the discretion of the skater. The circles will be scribed according to the skater's personal size preference.

In either category: skaters may create a center/axis mark prior to commencing and may place their figure using lines, circles and other marks in the ice within the area indicated by the referee for that skater, Skater may select the starting foot.

False Starts and Re-Skates: Are allowed at the sole discretion of the event referee who may consult the judge in charge of the panel or who may delegate the decision to the judge in charge. The decision of the referee or the judge in charge is not subject to protest. False starts or re-skates may be allowed for falls not the fault of the skater, foreign material on the ice or other ice conditions, or for interference with the skater or the judging panel (by collision on the ice, falls, interference from other skaters or spectators.)

Open Events:

<u> </u>					
1a	RFO-LFO	Circle Eight	12a	RBO-LBO	Double Three
2a	RFI-LFI	Circle Eight	13a	RBI-LBI	Double Three
3a	RBO-LBO	Circle Eight	18a	RFO-LBI	Bracket
4a	RBI-LBI	Circle Eight	18b	LFO-RBI	Bracket
5a	RFOI-LFIO	Serpentine	20a	RFO-LBO	Rocker
5b	LFIO-RFIO	Serpentine	20b	LFO-RBO	Rocker
6a	RBIO-LBIO	Serpentine	21a	RFI-LBI	Rocker
6b	LBIO-RBIO	Serpentine	21b	LFI-RBI	Rocker
8a	RFO-LBI	Three	22a	RFO-LBO	Counter
8b	LFO-RBI	Three	22b	LFO-RBO	Counter
9a	RFI-LBO	Three	23a	RFI-LBI	Counter
9b	LFI-RBO	Three	23b	LFI-RBI	Counter
10a	RFO-LFO	Double Three	26a	RFIO-LBIO	Change Three
11a	RFI-LFI	Double Three	26b	LFOI-RBOI	Change Three
					-

Waltz Eight Creative Figure

Restricted Events:

1a	RFO-LFO	Circle Eight
2a	RFI-LFI	Circle Eight
3a	RBO-LBO	Circle Eight
4a	RBI-LBI	Circle Eight
5a	RFOI-LFIO	Serpentine

Creative Figure

EVENT: TEAM MANEUVERS EVENT

The event will be judged on a team basis. Athletes will pick one maneuver, appropriate to their test level or higher. There will be a general warm-up of "STROKING ONLY" for 6 minutes. Teams will be assigned a place to line up along the barrier, and must remain on the ice for their entire event. Elements will be skated one-at-atime, and the announcer will call the representative from each team when it is his or her turn to perform the prescribed element. Each skater will have 1 attempt at each skill. Skaters will stand with their teams along the boards. Teams must submit a team name upon sign up and are welcome to create their own team outfits. Cost per team is \$50 and teams may have between 3-5 members.

Jumps	Spins	Steps/transitions
Waltz jump	Back upright spin (min 3 revs)	Two forward crossovers into a forward inside Mohawk, step down
•	Solo spin of choice (min 8 revs in	and cross behind, step into one
Double Loop	,	backward crossover and step to a forward inside edge, clockwise
	Combination spin – camel to sit spin	and counterclockwise. (Pre-Free
Combination jump consisting of a Double Lutz and Single Toe	(no change of foot (min 6 revs total)	Skate Combo)
Loop	Combination spin with one change of	Forward outside twizzles
·	foot and one change of position (min	
Combination jump consisting of	5 revs per foot and min 2 revs in	
, .	•	Ina Bauer or spread eagle
	, , , , , , , , , , , , , , , , , , , ,	Change edge spiral
	include change of position (min 8 revs in each position)	Split jump



Learn to Skate USA Events To Be Skated

The Annual Learn to Skate Sherwood Competition

ELIGIBILITY RULES FOR PARTICIPANTS:

The 2017 Sherwood Learn to Skate Competition is open to ALL skaters who are current eligible (ER 1.00) members of either Learn to Skate USA and/or are full members of U.S. Figure Skating. To be eligible, skaters must have submitted a membership application or be a member in good standing. Members of other organizations are eligible to compete but must be registered with the host Learn to Skate USA/club or any other Learn to Skate USA/club.

Eligibility will be based on skill level as of closing date of entries. All SNOWPLOW SAM AND BASIC ELEMENTS SKATERS THROUGH FREESKATE 6 must skate at highest level passed or one higher and NO official U.S. Figure Skating tests may have been passed including Moves in the Field or individual dances. Skaters in other events may skate at highest level passed OR one level higher BUT not both levels in the same event during the same competition.

It is possible that male and female skaters could be combined in any of these events.

ENTRIES AND FEES- All entries must be entered on EntryEeze or postmarked no later than **July 28th**, **2017**. Late entries will be accepted only if the limit has not been reached, at the discretion of the organizers. Entry fees are per person, U.S. dollars. The first event is \$50 and each additional event is \$30. Snowplow Sam events is \$35.00. Theatre on Ice, Ensemble and Groups (three or more) \$20.00 per Skater. NO refunds after closing date unless event is canceled by Carousel Sherwood Figure Skating Club. ENTRY FORMS MUST BE FILLED OUT COMPLETELY and paid on www.EntryEeze.com or returned with fee check made payable to Carousel Sherwood Figure Skating Club. There will a \$30.00 charge for late entries after the July 28th, 2017 midnight deadline.



EVENT: Basic Program: SNOWPLOW SAM - BASIC 6

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times the element is executed or length of glides, number of revolutions, etc., unless otherwise specified.

- To be skated on full ice.
- The skater may use elements from a previous level.
- A 0.2 deduction will be taken for each element performed from a higher level.

Level	Time	Skating rules/standards
		March followed by a two-foot glide and dip
Snowplow	1:10 max.	 Forward two-foot swizzles, 2-3 in a row
Sam		Forward snowplow stop
		Backward wiggles, 2-6 in a row
		Forward two-foot glide and dip
Basic 1	1:10 max.	 Forward two-foot swizzles, 6-8 in a row
		Beginning snowplow stop on two-feet or one-foot
		Backward wiggles, 6-8 in a row
		Forward one-foot glide, either foot
Basic 2	1:10 max.	 Scooter pushes, right and left foot, 2-3 each foot
		Moving snowplow stop
		Two-foot turn in place, forward to backward
		Backward two-foot swizzles, 6-8 in a row
		Beginning forward stroking showing correct use of blade
Basic 3	1:10 max.	 Forward ½ swizzle pumps on a circle, either clockwise or counter clockwise, 4-
		6 consecutive
		Forward slalom
		Beginning backward one-foot glide, either foot
		Moving forward to backward two-foot turn on a circle
		Backward one-foot glides, right and left
Basic 4	1:10 max.	Forward outside edge on a circle, clockwise or counter clockwise
		 Forward crossovers, 4-6 consecutive, both directions
		Beginning two-foot spin, 2-4 revolutions
		Backward ½ swizzle pumps on a circle, one direction only
		Backward outside edge on a circle, clockwise or counterclockwise
	1:10 max.	 Backward crossovers, 4-6 consecutive, both directions
Basic 5		Advanced two-foot spin, 4-6 revolutions
		Forward outside three-turn, right and left
		Hockey stop
		Forward inside three-turn, right and left
Basic 6	1:10 max.	Bunny Hop
		Forward spiral on a straight line, right or left
		Beginning one-foot spin, 2-4 revolutions, optional free leg held position and
		entry
		T-stop, right or left



EVENT: Pre-Free Skate - Free Skate 6 Program

Format: The skating order of the required elements is optional. The elements are not restricted as to the number of times an element is executed, length of glides, number of revolutions, etc., unless otherwise stated. Connecting steps and transitions should be demonstrated throughout the program.

- To be skated on full ice.
- The skater must demonstrate the required elements and may use but is not required to use any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:40 max.

• I ime 1	:40 max.	
Level	Time	Skating rules/standards
Pre-Free Skate	1:40 max	 Two forward crossovers into a forward inside Mohawk, step down and cross behind, step into one backward crossover and step to a forward inside edge, clockwise and counterclockwise One-foot upright spin, optional entry and free-foot position (minimum three revolutions Mazurka
Free Skate 1	1:40 max	 Waltz jump Forward power stroking, 4-6 consecutive strokes Upright spin, entry from backward crossovers - minimum 4-6 revolutions Toe loop jump Half flip jump
Free Skate 2	1:40 max.	 Alternating forward outside and inside spirals on a continuous axis (2 sets) Beginning back spin, up to two revolutions Half Lutz Salchow jump
Free Skate 3	1:40 max	 Alternating Mohawk/crossover sequence, right to left and left to right Advanced back spin with free foot in crossed leg position, min 3 revs Loop jump Waltz jump-toe loop or Salchow-toe loop jump combination
Free Skate 4	1:40 max.	 Forward power 3's, 2-3 consecutive sets, right or left Sit spin - minimum three revolutions Half Loop jump Flip jump
Free Skate 5	1:40 max.	 Backward outside three-turn, Mohawk (backward power three-turn), both directions Camel spin - minimum three revolutions Waltz-loop jump combination- Lutz jump
Free Skate 6	1:40 max.	 Split jump or stag jump Camel, sit spin combination - minimum of four revolutions total Waltz jump, ½ loop, Salchow jump sequence Axel jump



EVENT: Introductory Levels Free Skate Program

General event parameters:

- Skaters will skate to the music of their choice.
- Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they
 - have passed, or skate up to one level higher.
- Minimum number of spin revolutions are in parentheses following the spin description. Revolutions must be in position.

Level	Jumps	Spins	Step Sequences	Qualifications
Beginner 1:40 Maximum	Max. 5 jump elements: • Jumps with no more than one-half rotation (front to back or back to front). • Max. 2 jump sequences • Max. 2 of any same jump	Max. 2 spins: • Two upright spins, no change of foot, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests
High Beginner 1:40 Maximum	 Max. 5 jump elements: Jumps with no more than one-half rotation (front to back or back to front including half-loop) Single rotation jumps: Salchow and toe loop only. Max. 2 jump combinations or sequences Max. 2 of any same type jump. 	Max. 2 spins: • Two upright spins, change of foot optional, no flying entry (Min. 3 revolutions)	Connecting moves and steps should be demonstrated throughout the program	Skaters may not have passed tests higher than U.S. Figure Skating Learn to Skate USA free skating badge tests



ADULT EVENTS: Program Event

Adult 1-6 Free Skate, Pre-Bronze and Bronze:

The skating order of the required elements is optional. The elements are not restricted to the number of times element is executed, or length of glides, number of revolutions, etc. unless otherwise stated. Connecting moves and steps should be demonstrated throughout the program.

- Vocal music is allowed.
- The skater must demonstrate the required elements and may use, but is not required to use, any additional elements from previous levels.
- A 0.2 deduction will be taken for each element performed from a higher level.
- Time 1:30+/-10 sec unless otherwise noted

Adult 1	Adult 4
Falling and Recovery	Forward outside edge on a circle, right and left
Forward Marching	 Forward inside edge on a circle, right and left
Forward two-foot glide	 Forward crossovers, clockwise and
 Forward swizzle (4-6 in a row) 	counterclockwise
 Forward snowplow stop – two feet or one foot 	 Backward one-foot glides, right and left
· ·	Hockey stop, both directions
Adult 2	Adult 5
 Forward skating across the width of the ice 	 Backward outside edge on a circle, right and left
 Forward one-foot glides 	Backward inside edge on a circle, right and left
Forward slalom	Backward crossovers, clockwise and
Backward skating	counterclockwise
 Backward swizzles, 4-6 in a row 	 Forward outside three-turn, right and left
	Beginning two-foot spin
Adult 3	Adult 6
 Forward stroking using the blade properly 	 Forward stroking with crossover end patterns
 Forward half-swizzle pumps on the circle, 6 to 	 Backward stroking with crossover end patterns
8 in a row, clockwise and counterclockwise	 Forward inside three-turn, right and left
 Backward skating to a long two-foot glide 	T-stop
 Forward chasses on a circle, clockwise and 	Lunge
counterclockwise	 Two-foot spin into one-foot spin
 Backward snowplow stop, Right and Left 	
Adult Pre-Bronze: Must have passed no higher than	Adult Bronze: Must have passed no higher than adult
adult pre-bronze free skate test or pre-preliminary free	bronze free skate test or the preliminary free skate test.
skate test. Time: 1:40 maximum	Time: 1:50 maximum
Refer to the current U.S. Figure Skating Rulebook	Refer to the current U.S. Figure Skating Rulebook #4590
#4600 for specific requirements.	for specific requirements.



SHOWCASE EVENTS:

Showcase events are open to skaters in Basic, Free Skate, Limited Beginner through Preliminary and Adult Bronze. Groups will be divided by number of entries and ages if possible. Skaters must enter at the same level as their free skate event or highest test level of skater's in the group ensemble or production number. If a free skate event is not being entered, skaters must enter at their current test level or one level higher. Vocal music is permitted.

Show costumes are permitted, as long as they do not touch or drag on the ice. Props and scenery must be placed and removed by unaided singles and duet competitors within one minute and by unaided ensemble contestants within two minutes for setup and two minutes for removal. A 0.2 deduction will be assessed by the referee against each judge's mark for each five seconds in excess of the time allowed for the performance, for handling props and scenery and for scenery assistance.

Performances will be judged from an entertainment standpoint, for theatrical qualities. Technical skating skills and difficulty will not be rewarded as such; however, skating must be the major element of the performance and be of sufficient quality to support the selected theatrical elements. Unintended falls, poorly executed skating elements and obvious losses of control will reduce contestant's marks. Jump difficulty is not rewarded in showcase; therefore jumps, if choreographed, should be performed with style, flow and confidence. Theatrical elements evaluated will include energy, poise, acting, pantomime, eye contact, choreography, form/extension and the use of props and ice.

6.0 Judging will be used. Deductions will be made for skaters including technical elements not permitted in the event description.

* For specific guidelines regarding the conduct of Showcase competitions, refer to the Nonqualifying Showcase Guidelines posted on www.usfigureskating.org.

Showcase categories may include:

- · Levels can be subdivided, if necessary, depending on entry numbers and event set up
- Dramatic entertainment: Showcase program utilizing intense emotional skating quality to depict choreographic theme.
- Light entertainment: Showcase program emphasizing such choreographic expressive qualities such as comedy, love and mime while incorporating skating skills.
- Duets: Theatrical/artistic performances by any competitors.
- Mini production ensembles: Theatrical performances by three to seven competitors.
- Production ensembles: Theatrical performances by eight to 30 skaters. Theater On Ice teams are eligible as production ensembles. NOTE: Skaters may enter only one each duet, mini production or production event.

LEVEL	ELEMENTS	QUALIFICATIONS	PROGRAM LENGTH
Basic 1-6	Elements only from Basic 1-6 curriculum	May not have passed any higher than Basic 6 level.	Time: 1:00 max.
Pre-Free Skate- Free Skate 6/ Beginner/High Beginner/ Adult 1-6	3 jump maximum. ½ rotation jumps only, plus the following full rotation jumps: Salchow and toe loop.	May not have passed any official U.S. Figure Skating free skate tests.	Time: 1:30 max.
No Test/ Pre-Preliminary/ Adult Pre-Bronze	3 jump maximum. No Axels or double jumps permitted.	Must have passed no higher than U.S. Figure Skating Pre-Preliminary or Adult pre-Bronze free skate test.	Time: 1:30 max.
Preliminary/	3 jump maximum. Axels are	Must have passed no higher than	Time: 1:40

	U.S. Figure Skating Preliminary free skate or Adult Bronze test.	max.
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INTERPRETIVE PROGRAM:

Competition Format

The Organizing Committee must pre-select and edit musical choices appropriate for these events. During the warm-up, skaters will hear the selection of music twice. Following the warm-up, all skaters except for the first skater will be escorted to a soundproof locker room or another area of the arena. The first skater will hear the music one more time and then perform a program to the music. As each skater performs, the next skater in line will be allowed to hear the music for the third time before they perform to the music. The listening skater will not be allowed to view the performing skater.

Levels:

Levels should be broken by ability with ages divided appropriately.

Judging Rules:

Skaters are judged on originality, pattern, technical (the ability to include jumps and spins) and music interpretation/expression.

Spins and jumps performed must be appropriate to competition level.

Time:

Music Duration: Pre-Free Skate - No Test: 1:00 Max

Pre-Preliminary - Preliminary: 1:00 Max

Coaching: There is to be no instruction allowed during this event from coaches, parents, or fellow skaters. Staging area must be kept clear except for ice monitor and listening competitor.

Theatre On Ice

In order to safely practice and compete at the various levels, it is strongly recommended that skaters have mastered the elements of the Learn to Skate USA level at which they are skating. (See program requirements.) Props, scenery and theatrical makeup are not allowed.

Eligibility Rules: All skaters on the team must either be full U.S. Figure Skating members or members of the U.S. Figure Skating Learn to Skate USA Program. It is strongly suggested that teams register with U.S. Figure Skating, but this is not required.

Members of other organizations are eligible to compete, but must be registered with a Learn to Skate USA program or as full members of U.S. Figure Skating.

In order for the team to be eligible for this event, no skaters on the team may have passed higher than the pre-preliminary Moves in the Field or adult pre-bronze test in any discipline.

Age/Number of Skaters: Skaters may not have reached 18 years of age as of September 1 of the current skating season. Teams should be comprised of 8 – 16 skaters.

Program Duration: Teams will skate a program to music of their choice (vocals are allowed) 1 ½ min. +/-10 sec. There are no restrictions or requirements on music choice but each level has a different THEME, CHOREOGRAPHIC PROCESS and MOVEMENT or GESTURE (see program requirements).

EVENT: Theatre On Ice (TOI) Events

Format: The competitive programs shall create a story based on the theme while demonstrating the choreographic process and gesture or movement.

- Programs should contain skating skills from the Learn to Skate USA program levels listed.
- Elements from higher levels are not allowed.
- Elements from lower levels are encouraged.
- Coaches should refer to the U.S. Figure Skating Learn to Skate USA Instructor's Manual for further details on the elements.
- Props, scenery and theatrical makeup are not allowed.

Please refer to the Learn to Skate USA Instructor's Manual for more detailed information on Theatre On Ice 1-4.

Learn to Skate USA Theatre On Ice Levels

Level	Program Length	Test, Team Size and Age Requirements
		Theme: Joy (emotion)
TOI/CE 1	1:30 +/- 10	Choreographic process: Repetition
	seconds	Movement or gesture: Allegro (fast movement)
		Skaters should demonstrate elements from the Learn to
		Skate USA program levels 1 through 4.
		Elements from higher levels are not allowed.
		Theme: Body as an instrument
TOI/CE 2	1:30 +/- 10	Choreographic process: Canon
	seconds	 Movement or gesture: Soft movement (fluid and light)
		Skaters should demonstrate elements from the Learn to
		Skate USA program levels 5 through 6
		Elements from higher levels are not allowed.
		Theme: Traveling through space
TOI/CE 3	1:30 +/- 10	Choreographic process: Mirroring
	seconds	Movement or gesture: Unison
		Skaters should demonstrate elements from the Learn to
		Skate USA Free Skate 1 through 3.
		Elements from higher levels are not allowed.
TOUGE :		• Theme: Rhythm
TOI/CE 4	1:30 +/- 10	Choreographic process: Call and response
	seconds	Movement or gesture: Percussive (sharp, fast movement)
		Chatara abaula damanatrata alamanta from the Leave to
		Skaters should demonstrate elements from the Learn to
		Skate USA Free Skate 4 through 6.
		Elements from higher levels are not allowed.